The following is a complete list of all articles I have managed to find relating to the Huff-Puff method of stabilising a VFO for use in amateur radio transmitters and receivers. These documents are in Adobe Acrobat (PDF) format. If you do not have Adobe Acrobat installed, you can install it here . If anyone has an article not in my collection, please email it to me!

IMPORTANT NOTE: I have tried to keep the file sizes as small as possible. You will need to experiment with the viewing scale in Adobe Acrobat to obtain the most readable image. Often using the "Actual Size" setting, equivalent to 100% zoom, is best. Printing the files is another alternative, which should always produce good-looking pages.

Thanks to the Radio Society of Great Britain (RSGB) for permission to reproduce articles fro

Thanks to the American Radio Relay League (ARRL) for permission to reproduce articles from QEX

Thanks to Vereniging voor Experimenteel Radio Onderzoek Nederland (VERON) for permission to reproduce the original PA0KSB article from April 1

Permission to reproduce the articles from Elektor Electronics was unfortunately NOT GRANTED . If you require any further information on these articles, please email me direct. Fortunately you can also read about Eamon Skelton's EI9GQ 's VFO stabiliser project on his website , complete with downloadable PIC assembly code. Ham Radio magazine is no longer in print. I made some effort to try to track down the owner of the Ham Radio copyright, which I believe to be QST (ARRL), however to date I have not received a reply.

Thanks to David White W5NY for sending me the following articles: Ham Radio, Nov '74 "Tuned VLF Converter"; Ham Radio, Jun '79 "AFC Circuit for VFO's"; Ham Radio '87 "Better frequency stability for the Drake TR7". The article titled "Tuned VLF Converter" does not relate to Huff & Puff stabilisers; it is included here because it uses a variable magnetic field to tune a VFO inductor, as David W5NY and I have done in our Huff & Puff stabilisers.

Thanks to Gert PA3CRC for sending me the original article by Klaas PA3KSB in Electron, the journal of the Dutch amateur radio society Veron.

Many of the articles come from Pat Hawker's excellent "Technical Topics" column from RadCom. Pat G3VA became a silent key in February 2013 aged 90. He wrote his Tech Topics column every month for 50 years starting in 1958. An amazing achievement and an inspiration to all homebrewers. The Tech Topics articles are marked with publication "RadCom TT" in the list below. All of these articles are written by Pat himself, but make frequent reference to diagrams and letters he has received. In these cases I have listed the original source as the author, not Pat. To keep the file sizes as small as possible, I have edited out surrounding articles (interesting though they often are).

Publication	Issue	Author	Size
Electron	Apr 1973	Klaas Spaargaren PA0KSB	83K
Original article that started it all! (in Dutch)			
RadCom TT	Jul 1973	Klaas Spaargaren PA0KSB	85K
Crystal-stabilized VFO			
RadCom TT	Oct 1973	Joe Cropper G3BY	126K
The Huff and Puff VFO			
RadCom TT	Nov 1973	Harry Burton ZL2APC	48K
Origins of the Huff and Puff VFO			
RadCom TT	Nov 1973	John Compton G4COM	162K
More views on huff & puff VFO's			

RadCom TT	Dec 1973	Various	205K

Huff & Puff comments

RadCom TT	Mar 1974	J H Tait BRS32041	76K

Huff and puff VFO stabilization

RadCom TT	Mar 1974	A K Forrest BRS34402	117K

A versatile Huff & Puff system

RadCom TT	May 1974	P A Howarth G3YAC	66K

Huff and Puff stabilizer correction

RadCom TT	Jul 1974	Joe Cropper G3BY	209K

Huff and Puff postscript

RadCom TT	Aug 1974	PA0AGE	151K

PA0AGE Huff and Puff

Ham Radio	Nov 1974	Unknown	540K

Tuned VLF converter

Ham Radio	Dec 1977	Klaas Spaargaren PA0KSP	293K

Drift-correction circuit for free-running oscillators

RadCom TT	Apr 1978	Klaas Spaargaren PA0KSP	256K

Huff and Puff in CMOS

RadCom	Aug 1978	T Winter G4AOK	566K

Huff and Puff stabilizer

Ham Radio	Aug 1978	Crawford MacKeand WA3IZK	1742K

Frequency-lock loop pages 1-3
pages 3-6

Ham Radio	Jun 1979	Read C Easton K6EHV	332K

AFC Circuit for VFO's

Elektor	May 1980	Eamon Skelton EI9GQ	

REMOVED : Frequency Lock System.

Ham Radio	Aug 1987	Urs Hadorn HB9ABO	871K

Better frequency stability for the Drake TR7

SPRAT 63	Summer 1990	Stef Niewiadomski	197K

The Huff & Puff revisited

RadCom	Mar 1991	Klaas Spaargaren PA0KSB	153K

The Fifth-Method Stabilised Oscillator

QEX	Feb 1996	Klaas Spaargaren PA0KSB	119K

Frequency Stabilization of L-C Oscillators

RadCom TT	Jul 1996	Klaas Spaargaren PA0KSB	140K

Improved 'Huff and Puff' Stabiliser

RadCom TT	Sep 1996	Charles Fletcher G3DXZ	117K

Huff & Puff in practice

RadCom TT	Dec 1996	Klaas Spaargaren PA0KSB	83K

Huff & Puff - PA0KSB comments

RadCom TT	Feb 1997	Peter Lawton G7IXH	89K

Huff & Puff Oscillator

RadCom	Dec 1997	Chas Fletcher G3DXZ	477K

Stay-Put: The Improved Huff & Puff VFO

RadCom TT	Dec 1997	Peter Lawton G7IXH	139K

The 'Fast' Huff & Puff Stabiliser

RadCom TT	Feb 1998	Klaas Spaargaren PA0KSB	396K

PA0KSB endorses 'Fast' Huff & Puff

Elektor	Feb 1998	Eamon Skelton EI9GQ	

REMOVED : Frequency display and VFO Stabiliser

QEX	Nov 1998	Peter Lawton G7IXH	628K

The 'Fast' Digital Oscillator Stabilizer
Fig.5

RadCom TT	Dec 1999	Pat Hawker G3VA	420K

Farewell Pa0KSB, Silent Key

RadCom TT	Jun 2000	Peter Lawton G7IXH	105K

G7IXH's Fast Huff & Puff Stabiliser

RadCom TT	Sep 2000	Chas Fletcher G3DXZ	108K

Slow-tuning Fast Stabiliser

SPRAT 122	Spring 2005	Hans Summers G0UPL	103K

Simple Huff & Puff VFO Stabilisers

SPRAT 122	Spring 2005	John Beech G8SEQ	165K

Huff & Puff revisited again!

SPRAT 123	Summer 2005	Hans Summers G0UPL	69K

Simple "fast" Huff & Puff VFO Stabilisers

RadCom TT	Sep 2005	Hans Summers G0UPL	59K

Low-cost Huff & Puff stabilised VFO

RadCom TT	Feb 2007	Ron Taylor G4GXO	345K

Fast 'Huff & Puff' stabiliser in a PIC

RadCom TT	Jun 2007	Chas Fletcher G3DXZ	154K

An Alternative PIC stabiliser